Full Time Program (FT): 7:30am to 5:30pm

AM Program (AMP): 8:00am to 12:45pm

## Occasional Drop Ins:

Monday - Friday - Full day only - dependable upon daily capacity
*All paperwork including health form and birth certificate need to be on file for your child; no contract necessary. Availability depends on current daily capacity and it needs to be arranged ahead of time.

## *** OLDER TODDLER AND PRESCHOOLER DAILY ACTIVITIES SCHEDULE ***

| 7:30-9:00 | Arrival and Quite Play. |
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| 9:00-9:15 | Clean up/Hello Everybody! (We ask everybody to be here by this time!) |
| *:00-10:00 | Naptime (depending on age) |
| 9:15-9:45 | Movement (dancing, instrument exploration, yoga, creative movement),  <br>  Circle Time and Daily Lesson (singing, finger play, calendar time, days, <br> months, seasons, weather, letters, numbers, feelings...)  |
| 9:45-10:15 Snack Time + Story time (snack provided by the school) <br> $10: 15-10: 30$ Arts, crafts, sensory play/bins, science projects <br> $10: 30-10: 40$ Get ready to go outside <br> $10: 45-11: 45$ Large Motor Skills Development/Outdoors Activities <br> $11: 45-12: 00$ Wash up/Get ready for lunch <br> $12: 00-12: 30$ Lunch (provided by the school) <br> $12: 30-12: 45$ Pick up (AMP)/Get ready for nap (FT) <br> $1: 00-3: 00$ Rest Period <br> $3: 00-4: 00$ Wake up and Snuggle/ Quiet Play <br> $4: 00-4: 30$ Snack and Story Time (provided by the school) <br> $4: 30-5: 30$ Free-play/Pick Up |  |

When it comes to infants, there is no predicted schedule as every baby is different and has different routines. In agreement with parents we will follow babies' needs in terms of feeding, sleeping and diaper changing and gradually adjust them to our schedule below, making sure every infant is thriving every day.

7:30-8:30 drop-offs, welcome children, tummy time, free play and/or structured play, story time etc.
8:30-9:00 breakfast, clean up/wash up, change diapers, feed bottles
9:00-10:00 naptime (depending on age), flash cards, arts and crafts, story time, stacking blocks
10:00-10:30 music, tummy time, songs and dance, games
10:30-11:30 outside play time
11:30-12:00 change diapers, clean up/wash up, free play ,tummy time and/or structured play
12:00-12:30 lunch time, clean up/wash up, feed bottles, nestle into cribs
12:30-2:30 nap time and/or quite time
2:30-3:30 change diapers, tummy time, free play and/or structured play, books, flash cards, learning toys etc.
3:30-4:00 afternoon snack, clean up/wash up
4:00-5:30 pick ups, outside play (depending on the season), puzzles, musical instruments, story time

